

YOUTH SEXUAL HEALTH PROGRAM

Youth (12-29) Workshops



All workshops are sex-positive, LGBTQ2S-positive, non-judgmental, interactive, and free! Workshops can be conducted as a stand-alone session or as part of a series. Topics overlap and can be combined or tailored to the needs of the audience.

01. HIV 101

The basics of HIV/AIDS transmission, prevention, testing and harm reduction strategies. We will discuss HIV stigma and how we can combat it by addressing common myths and stereotypes. May be accompanied by a Speakers Bureau presentation (HIV positive speaker) as well

02. PRIDE SPEAK

This workshop aims to improve understanding of 2SLGBTQ identities and communities while creating safer spaces for 2SLGBTQ folks. Topics include: the difference between sexuality and gender identity, issues facing LGBTQ2S+ people, how to challenge hetero- and cissexism and homo- and transphobia, and using inclusive language.

03. ITS A BOY/GIRL

This complimentary pair of workshops encourages critical thinking about gendered messaging that young people encounter about what it means to be a boy or man, and a girl or woman. This workshop ultimately addresses how gender affects sexual health education and messaging about relationships.

04. SAFER SEX

This LGBTQ2S-inclusive, pleasure-positive, and body positive workshop talks about the 'anatomy' of different sexual activities without assuming gender. We share risk reduction strategies, and work on practical skills like communicating with partners, expressing and respecting boundaries, negotiating for safer sex practices, and going for STI testing.

05. SEX & DRUGS

Using both a harm and risk reduction framework, this workshop discusses the nuances of substance use and sex. This session will prioritize questions participants have about how to engage in safer sex, drugs and sex on drugs. Activities promote curiosity and address common myths about sex, substance use, and associated risks.

06. SEX & TECH

This workshop offers a balanced perspective on the risks and rewards of sex and technology. Fun, pleasure, and safety are prioritized equally, and special attention is paid to consent and boundaries. Content includes risk reduction strategies such as useful apps, protecting personal information, and identifying "red flag" behaviour.

BOOK NOW: DOINISAFER@GMAIL.COM